

# **Julie Meek, Dietician**

## **- The common facts and fairytales about managing nutrition and cancer**



Thursday 11<sup>th</sup> May 2017  
5:30PM to 7:00PM  
Bortolo Pavillion  
76 Bortolo Drive  
Greenfields (Mandurah) 6210

*Julie Meek is a coach, qualified Sports Dietitian and degree qualified in Health Promotion. A thought leader and keynote speaker in peak performance, Julie inspires leaders to achieve personal success by utilising the strategies of world class athletes and performers at the top of their game.*

*Julie is known for her signature no-nonsense approach and unique ability to inspire immediate action.*

*Over the past 20 years, Julie has partnered with many top performers across business, elite sport, politics, health, medicine, arts and culture, property, philanthropy and many other industries, helping them achieve the highest levels of professional and personal success.*

*Julie Meek is also the author of **truth, lies and chocolate** (Finalist in the World Food Media Awards) and **Ready, Set...Go**. She is the resident performance expert on a top rating Australian radio station and her expertise is sought across all media channels.*

*Julie is a committed melanomaWA Board member, and has a personal connection to melanoma. Her Dad has had 5 large melanomas removed over the past few years - although retired now, he was in the construction industry all his career and out in the sun every day.*

***For this special melanomaWA event, Julie will explore the common facts and fairytales about managing nutrition and cancer plus the Top 5 Strategies to keep your body at its best.***

**This special presentation is proudly hosted by melanomaWA**

**RSVP:** This event is free, but we'd like to know how many people to expect. Please register before 10<sup>th</sup> of May via email - [support@melanomawa.org.au](mailto:support@melanomawa.org.au) or by calling Clare: 9322 1908.



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