## **SEMINAR Q&A**

### **ASK AN EXPERT**

Perth is home to some world class exercise scientists who continue to push the envelope and make remarkable breakthroughs in using exercise as medicine for people with cancer.

**About** 

event

the

Professor Rob Newton's current major research directions include: cancer related fatigue and the influence of exercise; exercise medicine and tumour biology;

Mark Williams has been living with melanoma for some years and is passionate about the role of exercise in his health and wellbeing. He is currently working with Edith Cowan University to inform and support the work of the researchers to keep the research relevant and deliverable to the people who will receive the greatest benefit from its success.

reducing decline in strength, body

composition and functional ability

in cancer patients.

Come along to hear the latest science and get inspired to use exercise as part of your treatment plan

### **GUEST SPEAKERS**

Professor Rob Newton

Mark Williams



solariscancercare
.org.au

Or CLICK THIS LINK

to register

# Exercise Science

Who?





COHOSTED BY Solaris Cancer Care Breast Cancer Care WA melanoma WA

## PANELLISTS

### **Professor Rob Newton**

Co-Director of the Exercise Medicine Research Institute, Edith Cowan University.

### **Mark Williams**

Mark Williams, lives wiith cancer and incorporates exercise medicine into his treatment plar



Tuesday October 9 6pm - 8pm Conference Hall Cancer Wellness Centre 80 Railway Street Cottesloe WA 6011







